



RESPECT AND CIVILITY YOUTH SUMMIT

RESPECT IN MOTION

Leading With Civility On and Off the Field

 **Friday, January 23, 2026**

 **8:00 am - 1:30 pm**

 **MSAA/MIAA Offices**

33 Forge Parkway, Franklin, MA



Keynote: Dr. Jonathan Jenkins



Ninth Annual Respect and Civility Youth Summit

On behalf of the Massachusetts School Administrators' Association (MSAA) and Massachusetts Interscholastic Athletic Association (MIAA), welcome to the Ninth Annual MSAA/MIAA Respect and Civility Youth Summit.

I salute our student leaders, coaches, teachers, team captains, athletic directors, and school administrators who have joined us today to demonstrate our commitment to the priority to ensure that all students and staff are welcomed, accepted, and engaged in our world of interscholastic athletics.

A special thank you to members of the MSAA/MIAA Respect and Civility Committee for their commitment to this cause and for providing the expertise, insight and programmatic initiatives leading to cultural competencies.

Respect in Motion: Leading with respect on and off the field requires action, practice, commitment and courage! Continue your Leadership Journey today.

Enjoy your day!

A handwritten signature in black ink that reads "Robert Baldwin".

Dr. Robert Baldwin
MSAA/MIAA Executive Director
Growing Courageous Leaders



RESPECT IN MOTION: Leading with Civility On and Off the Field

8:00 - 8:30 am

Registration and Continental Breakfast

8:30 - 9:15 am

Opening General Session

Welcome

Mike Rubin, *MSAA/MIAA Assistant Director*
Bob Baldwin, *MSAA/MIAA Executive Director*

Emcee

Mackenson Charles
MSAA/MIAA Respect and Civility Committee

Keynote

Dr. Jonathan Jenkins
Clinical Sport Psychologist

9:15 - 9:30 am

Transition to Workshops

9:30 - 10:30 am

Workshop Session 1

See program for workshop descriptions and locations

10:30 - 10:45 am

Transition to Workshops

10:45 - 11:45 am

Workshop Session 2

See program for workshop descriptions and locations

11:45 - 11:55 am

Transition to Workshops

Closing Session

11:55 am - 12:25 pm

Dr. Jonathan Jenkins

Connecting the Dots: The Summit's Key Takeaways

Lunch

12:30 - 1:30 pm

Lunch will be provided



Dr. Jonathan Jenkins

MSAA/MIAA welcomes Dr. Jonathan Jenkins for a summit keynote address sharing insights about thriving in sport and life.



Dr. Jonathan Jenkins, Psy.D., CMPC, is a clinical psychologist and Certified Mental Performance Consultant known for his work with elite athletes, including members of the New England Patriots and Boston Red Sox.

He serves as Assistant Director of Psychology Training at Massachusetts General Hospital and co-chairs its Anti-Racism Task Force. At MGH and in his private practice, Mental Fitness and Psychotherapy, he integrates performance psychology into clinical care for youth and adults. His multidisciplinary expertise in mental health, sport psychology, and resilience positions him as a leading voice on the intersection of mental health and elite performance.

Dr. Jenkins is the author of *Wednesday Afternoons with Dr. J*, and the co-author of the upcoming book, *Mentality Wins: The Athlete's Playbook for Thriving in Sport and Life* (Jan. 2026), a practical, science-based guide for mastering the mental side of performance.



Compete

Striving for excellence without compromising integrity.
Respecting the opponent and the process.



Cope

Managing the stress and anxiety that often lead to uncivil behavior and communication breakdowns.



Connect

Building authentic relationships.
Recognizing that team cohesion is the ultimate competitive advantage.



Workshop Schedule



The Power of Words: How Words Shape Our Lives and the World Around Us

Words are far more than simple tools for communication. They are the very foundation of our thoughts, expressions, and connections with others. Throughout history, language has played a pivotal role in shaping societies, motivating people to act, and influencing individual outcomes, due to its ability to either empower and heal or inflict deep emotional wounds. The true power of words lies not only in their ability to transmit information but also in their remarkable capacity to evoke emotions, instigate change, and leave enduring impressions.

Core Takeaway: Words have the ability to inspire, heal, divide, or unite. By understanding and respecting the influence of language, we can harness its power for good, positively shaping our own lives and the broader world around us.

Dr. Carroll Blake, Founder & Consultant, Blake Associates



Session I



Champions of Student Voice: Practical Support for Today's Leaders (Adult Session)

Today's student leaders are navigating a world that can feel uncertain and challenging, and the adults who guide them play a key role in helping them stay steady and confident. This session offers a chance to pause, connect, and learn from one another. We'll explore practical ways to support students when conversations get tricky, while still keeping their voices at the center. Together, we'll listen to what adults are already doing that works, talk about where more support is needed, and gather ideas that strengthen how we show up for young leaders in a rapidly changing environment.



Session II

Core Takeaway: Shared practices and insights gathered from fellow educators to build confidence and consistency in supporting student leadership.

Ted McCarthy, Interim Director, Massachusetts Academy of Math & Science



Workshop Schedule

Awareness to Action: Your Role as a Leader



It takes all of us to move forward. We all play a role in creating welcoming environments. Hear from a panel of student experts on what inclusion looks and feels like when they walk the halls and play on the courts and fields at school! Inclusion always takes 2 people - the ones that include and the ones that need including. The transformative nature of Unified blends those distinct realities and opens perspectives. Living and playing Unified is a pathway to understanding and friendship. Join the discussion and join the fun.

ROOM
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Session I

Core Takeaway: Inclusion is a shared effort that equally transforms everyone involved

**Kathleen Lutz, Meghan Bourbeau and YAC Members,
Special Olympics Massachusetts**



Soccer Changed My Life

Being an immigrant in this country put me at an initial disadvantage to "succeed."

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Session I

Soccer became my escape, I spent my childhood playing barefoot in the streets of a small agricultural town in Central California. Against all odds, I earned a Division I full-ride scholarship, an opportunity that broke the cycle many immigrant families face in the Central Valley. That experience opened doors to a world of possibility, leading to a brief professional career in the USL and, ultimately, equipping me with the discipline, leadership, and resilience that now drive my work as an entrepreneur and real estate developer.

Core takeaway: Sport builds discipline and resilience, making it a powerful tool for success in life.

Carlos Valdovinos, Professional soccer player and entrepreneur



Workshop Schedule

The 5Ds : Strategies to Intervene - Bystander Training



This workshop provides the “5Ds” (**direct, delay, delegate, document, distract**) as strategies to disrupt an incident of harassment in addition to examining the ways that power dynamics related to a victim’s visible identities come into play during incidents of harassment. The workshop defines the history of bystander intervention, why it’s important, and the negative mental, physical, and collective effects of harassment as a public health concern. It then uses a video of a real life harassment incident as an example.

Participants learn five intervention strategies and practice applying them. The session concludes with a student-led discussion on four real-world school scenarios to reinforce these skills.

Core takeaway: The 5Ds empower bystanders with safe strategies to disrupt harassment.

**Erin Monnell ,Julia Alves, Mandy Chen, Marissa Walker
Tyler Walker, Matthew Marrone, Damon MacKinnon**
King Philip Regional High School

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Session II



A.I. and Bias

When we hear the term “artificial intelligence,” most people’s minds go to generative A.I., the chatbots that many of us interact with on a daily or weekly basis. While chatbots are certainly a form of A.I., to truly assess A.I.’s societal impact we need to broaden our outlook to include all forms of machine learning. A.I. comes in many different forms and applications, and influences many parts of our lives, from our work as students and educators to our politics and our healthcare. In this workshop, we will examine how A.I. shapes our worldview and challenge the myth of technological neutrality. Join us to learn practical strategies for maximizing A.I.’s benefits while minimizing its risks.

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Session II

Core Takeaway: A.I. is not neutral; we must understand its biases to minimize societal harm

Rob Greenfield, Newton North High School



Workshop Schedule



Leadership & Respect in the Game: Inclusive Sports Culture for Every Student

Student-athletes play a powerful role in shaping team culture. This workshop explores how young people can lead with respect, respond to bias, and build inclusive team environments that support LGBTQ+ students and peers with intersecting identities. Through real scenarios and guided activities, participants will examine how language, norms, and daily team behaviors impact school climate. Students will leave with practical strategies to strengthen leadership, promote accountability, and make sports a place where every teammate feels they belong.

Core takeaway: Student leaders build inclusive team culture with respect and accountability, ensuring every teammate belongs.

Safe Schools Program for LGBTQ+ Students

Landon Callahan, Training & Technical Assistance Specialist

Gabriel Rivas Orellana, Youth Program Coordinator

Diondra Woumn, Statewide Trainer



Upcoming Programs



Massachusetts Celebration of Girls & Women in Sports Day  March 6, 2026
Faneuil Hall, Boston, MA



NEASC Student Connections Conference  March 6, 2026
Clark University, Worcester, MA



Becoming a Student of Leadership Workshop  March 13, 2026
MIAA Office, Franklin, MA



Respect and Civility Symposium  May 8, 2026
MSAA/MIAA Offices, Franklin, MA

To learn more about upcoming programs
please visit www.msaa.net and www.miaa.net
or follow us on X and Instagram @MSAA_33 (MSAA) and @MIAA033 (MIAA)



MSAA/MIAA Respect and Civility Committee

Ashley Bailey-O'Keefe DEI Director Collegiate Charter School of Lowell	Dr. Carroll Blake Founder & Consultant Blake Associates	Landon Callahan Lead Trainer DESE Safe Schools for LGBTQ+ Students
Mackenson Charles Chief of Member Relations Black Economic Council of MA	Thomas Claiborne Athletic Director Catholic Memorial School	Rapheal Dowdye Athletic Director Taunton High School
Joel Giacobozzi Principal Watertown High School	Patricia Rivero Gonzalez Retired Athletic Director Committee Co-Chair	Steve Kendall Athletic Director Ayer Shirley Regional High School
Christopher LaBreck Principal Chocksett Middle School	Nampeera Lugira Principal Academy of the Pacific Rim	Kathy Lutz Unified Sports Manager Special Olympics Massachusetts
Steven Martin Assistant Principal Woburn Memorial High School	Ted McCarthy Principal Mass. Academy of Math & Science Committee Co-Chair	Gwen Nauls Guidance Counselor Southeastern RVT High School
Lynsey Page Principal Topsfield Vocational Academy	Jeff Perrotti Founding Director DESE Safe Schools for LGBTQ+ Students	Kevin Ross Boston Supervisor Becoming a Man (BAM)
Michael Rubin Assistant Director MSAA/MIAA	Stephanie Sibley Regional Principal Boston Public Schools	Henry Turner Principal Newton North High School
Joseph Walsh President Adaptive Sports New England	Jason Wheeler Director/Consultant DESE Safe Schools for LGBTQ Students	Diondra Wounm Statewide Trainer Safe Schools Program for LGBTQ Students



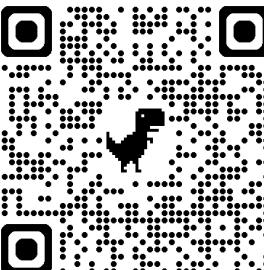
Workshop Resources

Thank you for participating in today's summit.
Please utilize the QR codes to access the following resources for today's program.



MSAA/MIAA Respect and Civility Youth Summit Program

Contains the schedule, workshop descriptions and additional information



MSAA/MIAA Respect and Civility Youth Summit Evaluation/Assessment

Please complete the required information to assist with data collection and evaluation for this program. In addition, if you would like to receive Professional Development Hours for attending this program, please complete the evaluation form

Thank you to O'Connor Studios for providing photography at today's event





Workshop Locations



FLOOR
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FLOOR
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