MSAA COMPETITION SAFETY INFRACTION SHEET



TOURNAMENT:				DATE	:
TEAM:			DIVISION:		
NFHS and the MSAA Rules. Th	y standards outlined in the NFHS Spi e MSAA is the sole and exclusive sou A interpretations and the rulings of	irce of bind	ing rules interp	retations	for MSAA sanctioned
MINOR VIOLATIONS					
Rule			# of Infractions		Comments
Exceeding time limit – Performance (2:30 minutes); Dance (2:15); Game Day (3:00 minutes) Timing will begin with the first movement, voice, note of music, or audio cue, whichever comes first. The timer will allow for a 5-second grace period prior to assessing a penalty.					
Tumbling or stunting off the mat (stepping off is legal)					
Each fall where the flyer's head strikes the mat					
Each toss to a cradle where a flyer lands in a prone position					
Each time a tumbler kicks, strikes, or tumbles into another participant					
Violation of MSAA Rule/Regulation not listed above (# of athletes on mat, etc.)					
NFHS Rule 1, Section 1 General, Article 5 Hair Per MSAA, hair must be secured away from the face and shoulders and may not rest on the shoulders of the participant or obstruct the participant's view at any time.					
NFHS Rule 1, Section 1 General, Article 7 Clear Performance Area					
NFHS Rule 1, Section 1 General, Article					
NFHS Rule 1, Section 2 Sportsmanship					
NFHS Rule 2 (Cheer)/ 3 (Dance), Section 1 Apparel, Article					
MAJOR VIOLATIONS – NFHS Rule 2 (Cheer) or 3 (Dance): all other sections					
Rule		Page	# of Infractions		Comments
			# of Infractions		Subtotal
MINOR	<u>-1</u>	X		=	
MAJOR	- 2.5				
Judge:		TOTAL DEDUCTIO		ONS =	